

Dear Participant,

Thank you for your interest in participating in the Natural History of Asthma with Longitudinal Environmental Sampling (NHALES) Study, sponsored by the National Institute for Environmental Health Science (NIEHS). Enclosed in this packet you will find study visit supplies and instructions for collecting the samples we are requesting:

- Stool
- Household Dust

Please place the ice pack in your freezer.

If you are scheduled for an upcoming visit

please use this kit to collect your stool and household dust **within 24 hours** of your visit and bring it with you to your visit.

If you are experiencing an asthma episode and would like to come to the CRU for a sick visit

please use this kit to collect your stool and household dust **within 24 hours** of your visit and bring it with you to your visit.

If you are unable to bring these specimens with you to your visit

please deliver the samples to the CRU **within 24 hours** of collecting the stool specimen.

If you are unable to bring these specimens to the CRU

please follow the directions on the next page to have a delivery service pick up your stool and dust, at no cost to you.

- 1) Collect the stool and dust specimen in the provided containers using the enclosed instructions.
- 2) Place the specimen kits and the frozen ice pack into the padded envelope. Tape the envelope closed.
- 3) If the specimens are collected between the hours of 7am and 1pm, Monday-Friday, please call the study coordinator (919) 541-9846 or the study nurse (919) 699-5523 at the CRU to alert them that a pick-up is needed. The study team will contact the courier and the courier will come to your house within 1-2 hours to retrieve the packet. Please keep the packet in a cool, dry place until the courier arrives.
- 4) If the specimens are collected **after** 1pm on a weekday, please place the specimens in the envelope with the frozen ice pack and follow directions #2 - #4 the next weekday morning at 7am.
- 5) We cannot accept specimen collected on a Saturday. If the specimens are collected on a Sunday, please contact the CRU the next weekday morning at 7am and follow directions #2-#4.

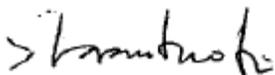
Reminders:

- It is important that you return the specimens to the CRU within **24 hours of collection**.
- Providing your specimen is essential for remaining in the study.
- The NIEHS Clinical Research Unit is located at 111 T. W. Alexander Drive, Research Triangle Park, NC, 27709. A map and directions are attached. The guards at the campus entrance and at the CRU building entrance will ask to see a valid state- or federal-issued identification, such as a driver's license or passport.
- Please bring a driver's license or other federal-issued or state-issued photo identification to be able to enter the NIEHS campus and the CRU building.

Questions & Cancellations:

If you need to cancel your appointment or have additional questions, please call us at (919) 541-9846 or email us at NHALES@nih.gov.

Thank you,



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