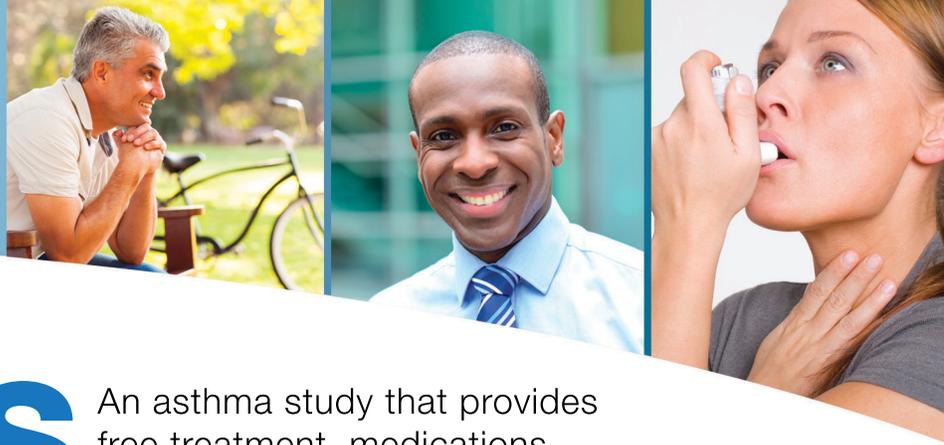




National Institute of  
Environmental Health Sciences  
*Clinical Research Unit*



# Join NHALES

An asthma study that provides  
free treatment, medications  
and compensation

## And Get Your Asthma Under Control

### Study Description

- Receive free treatment and medications for your asthma.
- Occurs over a 5-year period and includes a minimum of 12 visits.
- Visits include physical exams, lung tests, collecting biological samples, and completing surveys.
- Some participants may be asked to undergo a procedure called bronchoscopy, which looks inside of the lungs.
- Participants that complete all study visits may be compensated up to \$3,035, with those completing a bronchoscopy receiving an additional \$375.
- Study visits take place at the National Institute of Environmental Health Sciences Clinical Research Unit in Research Triangle Park, North Carolina.

### Study Participants

- Moderate to severe asthmatics.
- Men and women, aged 18-60.
- Women should not be pregnant or breastfeeding at the start of the study, but may still participate if they become pregnant during the study.
- Nonsmokers that are not exposed to significant amounts of secondhand smoke.
- No history of chronic obstructive pulmonary disease, emphysema, cystic fibrosis (CF), pulmonary fibrosis, non-CF bronchiectasis, sarcoidosis, unstable angina, or pulmonary hypertension.
- Not allergic to methacholine.
- Able to provide your own transportation to clinic visits.

**NHALES stands for Natural History of Asthma with Longitudinal Environmental Sampling. Your participation in the NHALES Study will contribute to research on how the environment affects the human body and asthma. Please consider joining today.**

**For more information about this research study,**  
call 919-541-9846 or email [NHALES@nih.gov](mailto:NHALES@nih.gov).

### Lead Researcher

Stavros Garantziotis, M.D.  
National Institute of Environmental Health Sciences  
Research Triangle Park, North Carolina